

# Internship Program

## Adhesive Aesthetic Dentistry





**tech** global  
university

Internship Program  
Adhesive Aesthetic Dentistry

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# 01

## Introduction

In today's society, aesthetics has gained a relevant weight due to the rise of social networks or digital photography. Therefore, more and more people are going to the dentist with the intention of undergoing whitening treatments or repairing a dental piece to improve their visual appearance. As such, cosmetic dentists must continually update their skills in order to respond effectively to the demands of their clients. Given this situation, TECH has created a program that, in a 100% practical way, will train the student to handle the latest techniques in dental waxing or minimally invasive posterior rehabilitation. For 3 weeks, you will have access to a prestigious clinical center where, surrounded by the best experts, you will acquire new competencies that will favor your professional growth.

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*Through this program, you will master innovative techniques for minimally invasive posterior rehabilitation or dental waxing in a uniquely practical way”*





The area of esthetics is one of the branches of dentistry that is currently experiencing a boom due to the popularization of personal care and image. In this line, users not only go to dental clinics to treat their pathologies and alleviate their ailments, but also to correct their imperfections in their teeth and achieve a perfect smile. These new needs of patients, who require the most innovative dental treatments, require the specialist to be constantly updated. For this reason, the specialist must be attentive to the latest advances in this field, so that he can incorporate the most innovative techniques in this field into his professional practice and respond to the particular requirements of each patient.

Given this circumstance, TECH has decided to create this Internship Program, with which the professional will be able to update their skills through an intensive stay in a dental clinic of recognized prestige. During 3 weeks you will be integrated into a work team made up of great specialists in this field, who will provide you with the most avant-garde practical knowledge in Aesthetic Adhesive Dentistry. During this period of time, you will learn the latest procedures for teeth whitening or the most efficient techniques for esthetic rehabilitation using laminated fronts, among other things.

Throughout this practical stay, the dentist will have the advice and assistance of a specifically appointed tutor, who will be in charge of guiding him/her towards an excellent learning process, solving all those doubts that may arise in the real working environment. This TECH program, therefore, is a great ally to boost professional skills in a short interval of time and from the hand of the best experts in Adhesive Aesthetic Dentistry.

# 02

## Why Study an Internship Program?

In the field of esthetic dentistry, it is essential to know the latest advances and new techniques based on scientific evidence, but to put them into practice properly is indispensable. For this reason, TECH has designed a pioneering program in the academic market, which will allow the expert to spend 3 weeks in a prestigious clinical center to master and apply in a real environment the most up-to-date procedures for whitening or dental reconstruction. This way, together with an excellent work team, the student will observe real cases with patients and will include these skills in his or her professional methodology.



*This Internship Program offered by TECH is an opportunity that you should not miss, as it will allow you to significantly increase your professional skills in cosmetic dentistry in only 120 hours”*

### **1. Updating from the latest technology available**

The area of esthetic dentistry has undergone rapid changes in recent years thanks to the emergence of new instrumentation, updated techniques or refined procedures that guarantee patient satisfaction. For this reason, TECH has created this Internship Program, with the intention of bringing the expert closer to all these advances in a completely practical way.

### **2. Gaining In-Depth Knowledge from the Experience of Top Specialists**

The extensive team of specialists who will accompany the dentist throughout the practical period is an excellent guarantee of the quality of this program. With a specifically designated tutor, the student will observe and interact with real patients in a state-of-the-art environment, in order to adopt the most up-to-date techniques and procedures in Aesthetic Adhesive Dentistry in their daily practice.

### **3. Entering First-Class Clinical Environments**

TECH carefully selects all available centers for Internship Programs. Thanks to this, the specialist will have guaranteed access to a prestigious clinical environment in the field of esthetic dentistry. In this way, you will be able to see the day-to-day work of a demanding, rigorous and exhaustive sector, always applying the latest theses and scientific postulates in its work methodology.



#### **4. Putting the acquired knowledge into daily practice from the very first moment**

Within the academic market, there are a large number of educational programs that offer students theoretical content with little job applicability and require endless study hours. Given this situation, TECH has opted to create a learning model, 100% practical, which will allow you to acquire useful skills and apply them in the work environment in just 3 weeks.

#### **5. Expanding the Boundaries of Knowledge**

TECH offers the possibility of carrying out this Internship Program in centers of international importance. In this way, the specialist will be able to expand their boundaries and keep up to date with the best professionals, who practice in first class Dental Clinic and in different continents. A unique opportunity that only TECH could offer.



*You will have full practical immersion at the center of your choice”*

# 03

## Objectives

The main objective of this program is to bring the dentist closer to the latest developments in this field by providing them with a 3-week intensive internship in a prestigious center. This will allow you not only to update your knowledge in this area, but also to aspire to access new patients in search of aesthetic dental treatments.



### General Objectives

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- ◆ Update knowledge based on the latest scientific evidence of the materials and technology primarily used in restorative dentistry
- ◆ Train the dentist for planning in a multidisciplinary work concept
- ◆ Encourage professional stimulation through continuous education and research







## Specific Objectives

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- ◆ Handle the different materials and tools to perform the most frequently used techniques
- ◆ Possess a critical capacity based on scientific evidence to discern , which would be the most appropriate procedure in each clinical situation
- ◆ Provide the student with learning tools that allow them to protocolize each treatment
- ◆ Identify the needs of the cosmetic dentistry patient
- ◆ Evaluate tooth color and be able to transmit it to the laboratory technician
- ◆ Handle the different materials for their restorative use based on modern concepts of cariology
- ◆ Master the techniques of absolute isolation for the realization of all adhesive procedures
- ◆ Understand the particularity of the endodontic tooth and know the different direct and indirect reconstruction methods
- ◆ Differentiate the different materials and techniques used in tooth whitening procedures
- ◆ integrate whitening procedures in a multidisciplinary dentistry context
- ◆ Protocol the different bleaching techniques for each clinical situation
- ◆ To provide the dentist with the critical ability to choose the most appropriate technique for each situation of gingival disharmony
- ◆ Enable the dentist to perform the different clinical crown lengthening techniques
- ◆ Explain the most frequently used techniques for the rehabilitation of the anterior sector by means of direct techniques
- ◆ Perform a modern and practical classification for the proper selection of ceramic restorative material based on a thorough knowledge of the properties and characteristics of the ceramic material
- ◆ Establish working protocols for tooth reduction according to the principles of minimal intervention
- ◆ Elaborate a detailed description of the appropriate techniques for taking impressions manually and digitally
- ◆ plan and execute minimal intervention adhesive rehabilitation protocols
- ◆ Indicate the most suitable materials for each clinical situation in protocols for vertical dimension recovery
- ◆ applied different techniques for hard and soft tissue regeneration in implant rehabilitation
- ◆ Be able to from apply the most appropriate filling technique for each clinical situation



*Thanks to this Professional Qualification, you will be able to work in a real scenario, having access to patients and being accompanied by the most prestigious professionals”*

# 04 Educational Plan

This Internship Program consists of a practical placement in a prestigious clinical center, and is carried out over a 3-week period, from Monday to Friday, with 8 consecutive hours of practical activity with an attending specialist. As such, this internship will allow the dentist to interact with real patients alongside a team of leading specialists in the field of aesthetic dentistry.

In this completely practical internship program, the activities are aimed at developing and perfecting the skills required to provide aesthetic treatments in the field of dentistry, and are oriented towards specific expertise for practicing the activity, in a real environment and under the guidance of prestigious professionals.

Therefore, the professional will enjoy a face-to-face stay in a clinic, where they will be able to complete an excellent number of clinical practice activities in the field of esthetic dentistry.

The practical teaching will be carried out with the active participation of the student performing the activities and procedures of each area of competence (learning to learn and learning to do), with the accompaniment and guidance of the professors and other training partners to facilitate teamwork and multidisciplinary integration as transversal competencies for the practice of dentistry (learning to be and learning to relate).

The procedures described below will form the basis of the practical part of the training, and their implementation is subject to both the suitability of the patients and the availability of the center and its workload, with the proposed activities being as follows:





Module	Practical Activity
Aesthetic Diagnosis	Undertake facial and smile analysis to enhance aesthetic diagnosis
	Perform an aesthetic diagnosis through the use of tools such as the subjective estimation technique with analogical guidance or the objective methods of chromatic estimation
	Communicate the results of the aesthetic diagnosis to the patient through the use of communication software or direct application mock-up
Whitening	Use the most appropriate materials for each type of teeth whitening
	Apply the therapeutic protocols required to optimize the dental whitening process
	To offer the patient the best home techniques to ensure the success of teeth whitening
Waxing	To elaborate wax patterns through the use of new techniques and updated equipment
	Wax-up of molars and premolars
	Execute the waxing process on the incisors
Minimally invasive subsequent rehabilitation	Choose the restorative material based on the most updated criteria in this field
	Use of restoring systems in downstream sectors
	Increase the vertical dimension of occlusion with direct and indirect resins
Applied orthodontics	Placing transparent splints on patients to enhance their self-image
	Use optimized and conventional shortcuts
	Use invisible aligners to take care of the patient's oral health without neglecting their esthetics

# 05

## Where Can I Do the Internship Program?

With the aim of bringing the specialist closer to the best techniques in adhesive aesthetic dentistry, TECH has selected the best centers for students to carry out their clinical internships. Accordingly, this Internship Program will take place in an internationally recognized center, where professionals will be able to put the most innovative and in-demand procedures into practice.

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*The best way to keep up to date is through practice, and that is exactly what this program offers: An intensive 3-week internship at a prestigious dental center”*





The student will be able to do this program at the following centers:



Dentistry

### Centro Médico López & Muñoz

Country: Spain City: Almería

Address: C. San Leonardo, 6, 04800 Albox, Almería

Clinical center focused on the multidisciplinary promotion of physical and oral health.

**Related internship programs:**

- Comprehensive Aesthetic Medicine for Dentists
- Adhesive Aesthetic Dentistry



Dentistry

### Centro Odontológico Santos Pilarica

Country: Spain City: Valladolid

Address: P.º de Juan Carlos I, 140, 47011 Valladolid

Dental care and esthetic dentistry clinic

**Related internship programs:**

- Dental Clinic Management and Direction
- Adhesive Aesthetic Dentistry



Dentistry

### Inari Estudio Dental

Country: Spain City: Madrid

Address: Avenida Leganés 6, local 2B, 28921 Alcorcón, Madrid

Dental clinic and esthetic care center

**Related internship programs:**

- Adhesive Aesthetic Dentistry
- Orthodontics and Dentofacial Orthopedics



Dentistry

### Clínica Dental Dr. René Rojas Serrano

Country: Spain City: Murcia

Address: C. Iberia, 11, bajo, 30880 Águilas, Murcia

Center for dental care and dental esthetics

**Related internship programs:**

- Adhesive Aesthetic Dentistry



Dentistry

### Clínica Dr Dopico

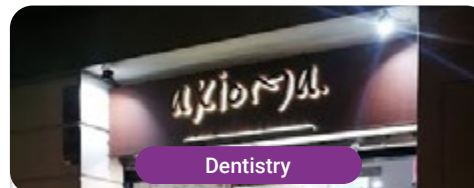
Country: Spain City: Asturias

Address: C. de la Libertad, 1, 1ºB, 33180 Noreña, Asturias

Center for dental care and dental esthetics

**Related internship programs:**

- Adhesive Aesthetic Dentistry
- Dental Clinic Management and Direction



Dentistry

### Axioma Estudi Dental

Country: Spain City: Barcelona

Address: C. de Viladomat, 123, 08015, Barcelona

Dental and esthetic dentistry clinic

**Related internship programs:**

- Implantology and Oral Surgery
- Oral Medicine



Dentistry

### Hospital HM Modelo

Country: Spain City: La Coruña

Address: Rúa Virrey Osorio, 30, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Dentistry

### Hospital Maternidad HM Belén

Country: Spain City: La Coruña

Address: R. Filantropía, 3, 15011, A Coruña

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Update in Assisted Reproduction
- Hospitals and Health Services Management



Dentistry

### Hospital HM Rosaleda

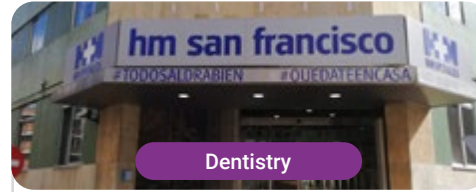
Country	City
Spain	La Coruña

Address: Rúa de Santiago León de Caracas, 1, 15701, Santiago de Compostela, A Coruña

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Hair Transplantation
- Orthodontics and Dentofacial Orthopedics



Dentistry

### Hospital HM San Francisco

Country	City
Spain	León

Address: C. Marqueses de San Isidro, 11, 24004, León

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Update in Anesthesiology and Resuscitation
- Nursing in the Traumatology Service



Dentistry

### Hospital HM Nou Delfos

Country	City
Spain	Barcelona

Address: Avinguda de Vallcarca, 151, 08023 Barcelona

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Aesthetic Medicine
- Clinical Nutrition in Medicine



Dentistry

### Hospital HM Madrid

Country	City
Spain	Madrid

Address: Pl. del Conde del Valle de Súchil, 16, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Palliative Care
- Anaesthesiology and Resuscitation



Dentistry

### Hospital HM Montepríncipe

Country	City
Spain	Madrid

Address: Av. de Montepríncipe, 25, 28660, Boadilla del Monte, Madrid

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Palliative Care
- Aesthetic Medicine



Dentistry

### Hospital HM Torrelodones

Country	City
Spain	Madrid

Address: Av. Castillo Olivares, s/n, 28250, Torrelodones, Madrid

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Dentistry

### Hospital HM Sanchinarro

Country	City
Spain	Madrid

Address: Calle de Oña, 10, 28050, Madrid

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Palliative Care



Dentistry

### Hospital HM Puerta del Sur

Country	City
Spain	Madrid

Address: Av. Carlos V, 70, 28938, Móstoles, Madrid

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Palliative Care
- Clinical Ophthalmology



Dentistry

### Policlínico HM Arapiles

Country	City
Spain	Madrid

Address: C. de Arapiles, 8, 28015, Madrid

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Anaesthesiology and Resuscitation
- Pediatric Dentistry



Dentistry

### Policlínico HM Cruz Verde

Country	City
Spain	Madrid

Address: Plaza de la Cruz Verde, 1-3, 28807, Alcalá de Henares, Madrid

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Advanced Clinical Podiatry
- Optical Technologies and Clinical Optometry



Dentistry

### Policlínico HM La Paloma

Country	City
Spain	Madrid

Address: Calle Hilados, 9, 28850, Torrejón de Ardoz, Madrid

Network of private clinics, hospitals and specialized centers distributed all over the Spanish geography.

**Related internship programs:**

- Advanced Operating Room Nursing
- Orthodontics and Dentofacial Orthopedics



Dentistry

### Sesemann Dental

Country	City
Spain	Murcia

Address: Avenida de la Libertad, 4, Entresuelo 1º C, Edificio Simago, 30009, Murcia

Dental center for advanced care in implantology and esthetic dentistry.

**Related internship programs:**

- Adhesive Aesthetic Dentistry
- Orthodontics and Dentofacial Orthopedics



Dentistry

### Indisson

Country	City
Spain	Valence

Address: Plaza de la Policia Local, 1, bajo 5, 46015, València

Aesthetic dental center pioneer in personalized patient care

**Related internship programs:**

- Dental Clinic Management and Direction
- Adhesive Aesthetic Dentistry



Dentistry

### Estudio dental Dra. Katherine Durán

Country	City
Spain	Madrid

Address: Calle de Montesa, 24, 28006 Madrid

Clinic specialized in high aesthetic dentistry, dental implants and orthodontics.

**Related internship programs:**

- Comprehensive Aesthetic Medicine for Dentists
- Adhesive Aesthetic Dentistry



Dentistry

### Clínica Modo Dental

Country	City
Spain	Madrid

Address: C. del Marqués de la Valdavia, 72, 28100 Alcobendas, Madrid

Dental Mode, characterized by using the latest technology in oral health.

**Related internship programs:**

- Adhesive Aesthetic Dentistry
- Updated Pediatric Dentistry



Dentistry

### Ferreiroa & Ramos

Country	City
Spain	Madrid

Address: C. de Sanguenjo, 16, 28034 Madrid

Ferreiroa & Ramos, specialists in Conservative Dentistry and Prosthodontics.

**Related internship programs:**

- Dental Prosthesis
- Aesthetic Bonding Dentistry







Dentistry

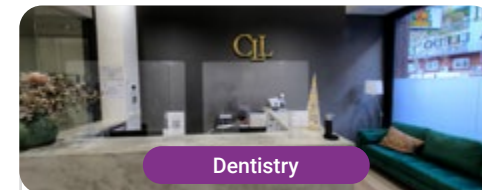
### Clínica Dental Doctores Pina

Country City  
Spain Barcelona

Address: Travessera de les Corts,  
82, 08028 Barcelona

years of experience in 40 Pina Dental Clinic with more than  
.dental treatments

**Related internship programs:**  
- Implantology and Oral Surgery  
-Comprehensive Aesthetic Medicine for Dentists



Dentistry

### Clínica Lledó

Country City  
Spain Madrid

Address: Calle del Príncipe de Vergara,  
97, 28006 Madrid

Lledó Clinic is a center specializing in  
implantology and adhesive esthetics.

**Related internship programs:**  
- Implantology and Oral Surgery

# 06

## General Conditions

### Civil Liability Insurance

This institution's main concern is to guarantee the safety of the trainees and other collaborating agents involved in the internship process at the company. Among the measures dedicated to achieve this is the response to any incident that may occur during the entire teaching-learning process.

To this end, this educational entity undertakes to take out a liability insurance policy to cover any eventuality that may arise during the stay at the internship center.

This liability policy for interns will have broad coverage and will be taken out prior to the start of the practical training period. That way professionals will not have to worry in case of having to face an unexpected situation and will be covered until the end of the internship program at the center.



## General Conditions of the Internship Program

The general terms and conditions of the internship agreement for the program are as follows:

**1. TUTOR:** During the Internship Program, students will be assigned with two tutors who will accompany them throughout the process, answering any doubts and questions that may arise. On the one hand, there will be a professional tutor belonging to the internship center who will have the purpose of guiding and supporting the student at all times. On the other hand, they will also be assigned with an academic tutor, whose mission will be to coordinate and help the students during the whole process, solving doubts and facilitating everything they may need. In this way, the student will be accompanied and will be able to discuss any doubts that may arise, both clinical and academic.

**2. DURATION:** The internship program will have a duration of three continuous weeks, in 8-hour days, 5 days a week. The days of attendance and the schedule will be the responsibility of the center and the professional will be informed well in advance so that they can make the appropriate arrangements.

**3. ABSENCE:** If the students does not show up on the start date of the Internship Program, they will lose the right to it, without the possibility of reimbursement or change of dates. Absence for more than two days from the internship, without justification or a medical reason, will result in the professional's withdrawal from the internship, therefore, automatic termination of the internship. Any problems that may arise during the course of the internship must be urgently reported to the academic tutor.

**4. CERTIFICATION:** Professionals who pass the Internship Program will receive a certificate accrediting their stay at the center.

**5. EMPLOYMENT RELATIONSHIP:** The Internship Program shall not constitute an employment relationship of any kind.

**6. PRIOR EDUCATION:** Some centers may require a certificate of prior education for the Internship Program. In these cases, it will be necessary to submit it to the TECH internship department so that the assignment of the chosen center can be confirmed.

**7. DOES NOT INCLUDE:** The Internship Program will not include any element not described in the present conditions. Therefore, it does not include accommodation, transportation to the city where the internship takes place, visas or any other items not listed.

However, students may consult with their academic tutor for any questions or recommendations in this regard. The academic tutor will provide the student with all the necessary information to facilitate the procedures in any case.

# 07 Certificate

This program will allow you to obtain your **Internship Program diploma in Adhesive Aesthetic Dentistry** endorsed by **TECH Global University**, the world's largest online university.

**TECH Global University** is an official European University publicly recognized by the Government of Andorra ([official bulletin](#)). Andorra is part of the European Higher Education Area (EHEA) since 2003. The EHEA is an initiative promoted by the European Union that aims to organize the international training framework and harmonize the higher education systems of the member countries of this space. The project promotes common values, the implementation of collaborative tools and strengthening its quality assurance mechanisms to enhance collaboration and mobility among students, researchers and academics.

This **TECH Global University** title is a European program of continuing education and professional updating that guarantees the acquisition of competencies in its area of knowledge, providing a high curricular value to the student who completes the program.

Title: **Internship Program in Adhesive Aesthetic Dentistry**

Duration: **3 weeks**

Attendance: **Monday to Friday, 8-hour consecutive shifts**

Accreditation: **5 ECTS**





Internship Program  
Adhesive Aesthetic Dentistry

# Internship Program

## Adhesive Aesthetic Dentistry

